

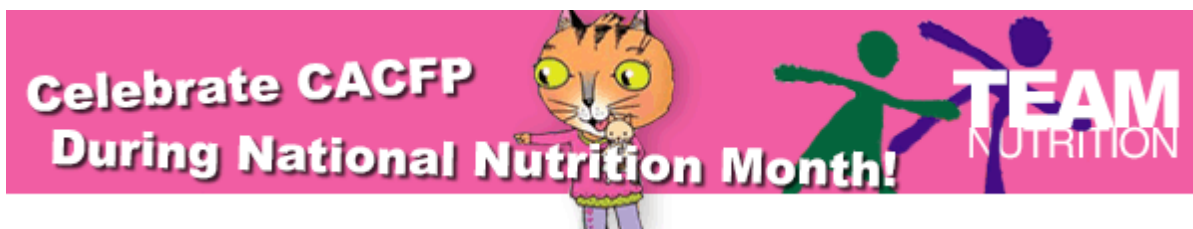


Date: March 23, 2015

To: Child and Adult Care Food Program Authorized Representatives

From: Community Nutrition Team

Subject: Celebrate CACFP During National Nutrition Month!



Here's some fun for every day this week:



Mixing Bowl Monday: Try the *Eagle Pizza* recipe for [centers](#) or **homes** from the USDA's *What's Cooking? Mixing Bowl* Web site. You can also download a cookbook or create your own!

Terrific Tuesday: Choose and try some of the terrific ways to serve cantaloupe, squash, peaches, spinach, strawberries, and sweet potatoes from *Grow It, Try it, Like It!* (Book 1-The Basics,

Page 48).

Walking Wednesday: Get active by taking a walk around your neighborhood! Looking for other ways to be active? Check out the "Encourage Active Play and Participate with Children" Tip Sheet from *Nutrition and Wellness Tips for Young Children: Provider Handbook for the CACFP*.

Tips for Thursday: Share tips for healthy eating and physical activity with parents and other caregivers by sending home *Nibbles for Health* newsletters.

Try-Day Friday: Get Inspired with *The Two-Bite Club* and try something new! Share with others by displaying the *Make Today a Try-Day in CACFP Poster/Sticker set*.



For more ideas, look for Team Nutrition's CACFP e-Newsletter later this week!
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